JOURNAL OF HUMAN ECOLOGY

International Interdisciplinary Journal of Man-Environment Relationship

© Kamla-Raj 2012 PRINT: ISSN 0970-9274 ONLINE: ISSN 2456-6608 J Hum Ecol, 38(1): 17-29 (2012) DOI: 10.31901/24566608.2012/38.01.03

## The Socio-environmental Determinants of Students' Sexual Risk Behaviour and HIV Prevention at the University of KwaZulu-Natal

G. Mutinta<sup>1</sup> and K. Govender<sup>2</sup>

<sup>1</sup>School of Literary Studies, Media and Creative Arts, University of KwaZulu-Natal, Durban, 4041, South Africa E-mail: mutinta@ukzn.ac.za <sup>2</sup>School of Psychology, University of KwaZulu-Natal, Durban, 4041, South Africa, Email: govenderk2@ukzn.ac.za

KEYWORDS Students. Sexuality. Socio-environmental Risk Factors. Scrutinise Campus Campaign. HIV Prevention

**ABSTRACT** This article explores the socio-environmental factors to students' sexual risk-taking behaviour at the University of KwaZulu-Natal (UKZN), South Africa. The research was conducted with both male and female students selected from two UKZN Campuses. In total, 96 in-depth interviews and four focus group discussions were conducted with an equal representation between male and female students. One of the objectives of the study was to explore the socio-environmental factors that instigate students' sexual risk behaviour on campuses. Through indepth interviews and focus group discussions, the research sought to provide insight into the socio-environmental that instigate students' sexual risk behaviour and to ascertain how they position themselves in relation to the HIV epidemic. More significantly, we sought to comprehend the socio-environmental factors against a backdrop of students having been exposed to the Scrutinise Campus Campaign prevention messages. The data was analysed using thematic analysis, and the themes identified formed the basis for discussion in this article. Students' discussions pointed to the need to address the socio-environmental factors that encourage sexual risk behaviour as one way to curb the HIV epidemic.